

Cycling Club Hackney

Rider Information and Parental Consent Form

For Participating in Coaching Sessions in a Traffic-Free Environment

1. Rider's Details

First Name:		Surname:	
Gender:	<input type="checkbox"/> Female <input type="checkbox"/> Male	Date of Birth:	Age:
Address:			
		Postcode:	
Home Tel:		Mobile:	
Email:			
Club HQ	CC Hackney - Elsdale Community Hall, Elsdale Street, London, E9 6PW http://www.cyclingclubhackney.co.uk/		

2. Emergency Contact Details

First Name:		Surname:	
Relationship to Rider:		Home Tel:	
Work Tel:		Mobile:	

3. Medical and Specific Needs

Please give details of any medical or health conditions that might affect your participation in cycling and what support/modifications are needed
Please list any medications you take on a regular basis
Please give details of any specific needs that the coach should be aware of, and what support/modifications are needed

4. Ethnicity

<p>White __ British __ Irish __ Gypsy/Irish Traveller __ Other white _____</p> <p>Mixed __ White&BlackCaribbean __ White&Black African __ White&Asian __ Other mixed _____</p> <p>Asian or Asian British __ Indian __ Pakistani __ Bangladeshi __ Chinese __ Other _____</p> <p>Black or Black British __ Caribbean __ African __ Other black _____</p> <p>Other Ethnic Group --- Arab __ Any Other _____</p>
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5. Other Rider Information

Previous cycling experience

What other sports do you participate in regularly? How often?

Why are you attending the sessions?

What do you want to achieve from the sessions?

In the long term what do you want to achieve from your participation in cycling?

Please detail any other specific information that is relevant to participation in cycling activity sessions

Code of Conduct for youth members

As a member of Cycling Club Hackney you are expected to abide by the following:

- Arrive for meetings, training and competition in time to prepare properly.
- Wear suitable kit (including a helmet) and clothing for all cycling sessions, as agreed with the coach.
- Play to the rules and respect officials and their decisions.
- Be a good sport and recognise everyone's endeavors are valid and positive.
- Do your best to enjoy and have fun!
- Be polite.
- Work equally hard for yourself and your club, the club is only as good as its members.
- Respect the rights, dignity and worth of all, regardless of their gender, ability, background or religion.
- Pay any due fees promptly.
- Members are not to consume un-prescribed drugs of any kind whilst representing the club.
- Treating all participants, as you like to be treated.
- Cooperate with your coach; club-mates and opponents, without them there would be no competitions.
- Appreciate the work of organisers, volunteers, and officials.

As a youth member I understand that if I fail to abide by this code of conduct I may be asked to explain myself to a CCH official and that I may be suspended or asked to leave the club if the issue is persistent or a serious one.

Youth member to write here:

Signed.....

Print Name.....

Date.....

